



COMMUNITY LETTER FROM SUPERINTENDENT

4/15/2021

RE: COVID-19 POSITIVE CASE AT MILFORD SCHOOL DISTRICT

This letter is to inform you that we were notified this morning, April 15, that a member of the Milford School District has tested positive for COVID-19. We have taken steps with our response team to follow Maine CDC and DOE guidelines to notify staff and students as appropriate. Here are some details:

All known students and staff who have been identified as having been potentially exposed have already been notified. All close contacts will need to quarantine by staying at home for 14 days based on the last day of exposure starting 4/14/21 with a quarantine end date of 4/28/21. Students who are quarantined will need to be remote learning following vacation 4/26 - 4/28, and return to in-person learning on 4/29/21. If your student has **not** been identified as being in close contact your student may return to school after April break on 4/26/21 as long as they remain in good health.

COVID-19 is a respiratory illness that ranges from mild to severe. It can be more severe in adults 60 years and older and in those with underlying health conditions. The virus mainly spreads when an infected person coughs or sneezes and an uninfected person breathes in the virus. Signs and symptoms include:

- fever higher than 100.4°F /chills
- cough
- shortness of breath/difficulty breathing
- fatigue
- new loss of taste/smell
- congestion/runny nose
- nausea/vomiting
- diarrhea
- sore throat
- headache
- muscle/body aches

Please keep in mind that many things can cause respiratory illness, so students (and staff) should be up-to-date on influenza and routine vaccinations.

Maine CDC recommends preventive measures to help control the spread of COVID-19. These measures include proper handwashing hygiene with soap and warm water or alcohol-based hand sanitizer with at least 60% alcohol. Avoid touching your eyes, nose, and mouth with unwashed hands, and avoid close contact with people who are sick. Cover your cough or sneeze into a tissue, then throw the tissue in the trash. Clean and disinfect frequently touched surfaces and objects using a regular household cleaning spray or wipe.

General questions regarding COVID-19 can be answered by calling 1-866-811-5695, you can text your zip code to 898-211, or email at info@211maine.org or by calling your primary care provider. More information can be found at www.maine.gov/dhhs/coronavirus or www.cdc.gov/coronavirus.

Questions for the school can be directed to the superintendent's office by calling 827-2252 or directed to the school nurse.

Sincerely,

Patricia Clark, Superintendent