



COMMUNITY LETTER FROM SUPERINTENDENT

1/25/2021

RE: COVID-19 POSITIVE CASE AT MILFORD SCHOOL DISTRICT

This letter is to inform you that we were notified this afternoon, January 25, that a member of the Milford School District has tested positive for COVID-19. School will transition to remote learning for all students starting tomorrow, January 26, through Friday, January 29. **We will send additional information in a separate message around remote learning and device pick up for your student(s).** We will re-evaluate if we need to extend remote learning any further than January 29. We have taken steps with our response team to follow Maine CDC and DOE guidelines to notify staff and students as appropriate. We believe it best to share what we can with our entire community. Here are some details:

If you or your child are identified as having been potentially exposed, you will receive a call today and, if needed, the school nurse or school representative will contact you within 24 hours. All close contacts will need to quarantine by staying at home for ten days from exposure. You will need to monitor for symptoms of cough, shortness of breath, or a temperature higher than 100.4°F, and practice physical distancing. If you are not contacted today, you do not need to start a quarantine routine.

COVID-19 is a respiratory illness that ranges from mild to severe. It can be more severe in adults 60 years and older and in those with underlying health conditions. The virus mainly spreads when an infected person coughs or sneezes and an uninfected person breathes in the virus. Signs and symptoms include:

- fever/chills
- cough
- shortness of breath/difficulty breathing
- fatigue
- muscle/body aches
- headache
- new loss of taste/smell
- congestion/runny nose
- nausea/vomiting
- diarrhea
- sore throat

Please keep in mind that many things can cause respiratory illness, so students (and staff) should be up-to-date on influenza and routine vaccinations.

Maine CDC recommends preventive measures to help control the spread of COVID-19. These measures include proper handwashing with soap and warm water, which is especially important after using the bathroom, before/after eating, after blowing your nose, coughing, or sneezing. When soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol. Avoid touching your eyes, nose, and mouth with unwashed hands, and avoid close contact with people who are sick. Cover your cough or sneeze into a tissue, then throw the tissue in the trash. Clean and disinfect frequently touched surfaces and objects using a regular household cleaning spray or wipe.

General questions regarding COVID-19 can be answered by calling 1-866-811-5695, you can text your zip code to 898-211, or email at info@211maine.org or by calling your primary care provider. More information can be found at www.maine.gov/dhhs/coronavirus or www.cdc.gov/coronavirus.

Questions for the school can be directed to the superintendent's office by calling 827-2252 or directed to the school nurse.

Sincerely,

Patricia Clark, Superintendent

لترجمة هذه الوثيقة، يرجى الاتصال 1-855-938-0657

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